

Qaado tallaalka si loo yareeyo faafitaanka caabuqa



1. Tallaalku wuxuu kaa difaacayaa inaad si daran u xanuunsato ama aad u dhimato covid-19.



5. Malaayuun badan oo dadyowga aduunka ah ayaa laga tallaalay covid-19.



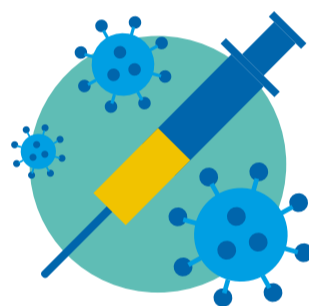
2. Dhamaan tallaalada covid-19 ayaa si taxadar leh loo baaray, sidaa darteed waa amaan in la isticmaalo.



6. Qof walba oo jirsada 16 sano sanadkan ama ka weyn ayaa heli karaa tallaalka covid-19. Tallaalku waa bilaash.



3. Tallaalka kadib, jirku wuxuu dhisaa difaac kasoo ka hortago cudurka covid-19.



7. Xitaa adiga oo dalbaday magangalyo ama aad Iswiidhan ku joogtid ogolaansho la'aan waxaad heli kartaa tallaalka.



4. Qatarta ah ku daarashada dadka kale waa layareeye hadii lagu tallaalay.



8. Waa lagu tallaali karaa xitaa haddii aadan haysan dukumenti aqoonsi ah, lambarka amniga bulshada ama nambarka isuduwidada.



Faahfaahin dheeraad ah ka akhriso folkhalsomyndigheten.se ama wac 08-123 680 00 si aad u hesho faahfaahin ku qoran luqado kala duwan. Faahfaahin ku saabsan goorta aad is tallaali karto, booqo www.1177.se

Si wadajir waxaan ujiheesanahay waqtiyada ifaaya



Folkhälsomyndigheten

Xitaa haddii aad qaadatay tallaalka waa inaad sii wadataa raacitaanka talooyinka maamulka.